



"...families, rebuilding and relationships matter, talk it over anytime..."

Some of the ways that Bushfire EAR Call Back Service may help:

- Allow you to tell your story.
- Dealing with physical and emotional reactions.
- Re-connecting with relationships in your community.
- Referrals to other professional services.
- Help you to find the information you need to rebuild your life.
- Assist you to solve problems in a practical way.
- Help you to return to your usual activities.
- Discuss ways to support your family and children.



"...it's hard. Everything's so different now. But now I feel I can start to move on..."

Bushfire EAR

Emergency Aftermath Rebuild
www.menslineaus.org.au



Crisis Support Services (CSS) manages Mensline Australia and also provides specialist, professional telephone counselling services including; Suicide Call Back Service, SuicideLine (VIC) and the beyondblue Info Line. CSS also provides training, consultancy and research services. Mensline Australia is funded by the Australian Government. CSS is a registered Australian charity. For Head Office enquires: (03) 8371 2800 www.crisissupport.org.au
ABN 33185 295 654 MLA EAR DL01 JUN09

Bushfire EAR

Emergency Aftermath Rebuild



Talk it over.

Specialist professional counsellors - providing 24 hour, 7 day support.

A telephone Call Back Service for people affected by the Victorian bushfires.

1300 78 99 78



How Bushfire EAR can help you in regards to the bushfire aftermath:

- Provides immediate counselling when you need it, 24 hours a day, 7 days a week and also has an option of a Call Back Service to provide you with on-going support.
- We will speak to men and women about any issues related to the Victorian bushfires.
- It's anonymous and confidential.
- Professional staff will answer your call.

Bushfire
EAR

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What is the Bushfire EAR Call Back Service?

- We can provide up to six calls from the same counsellor over a period of 6 months.
- It's a free service.
- We call you back at a time that is convenient to you, from 10am to 10pm.

*"...it all comes back to you...
and you need to know there's
someone there who will
listen..."*

Who is eligible for the Bushfire EAR Call Back Service?

- Men and women directly affected by the bushfire 15 years and over.
- Families and friends of those directly affected.
- Emergency service workers and volunteers.

How do I register for the Bushfire EAR Call Back Service?

- Contact Bushfire EAR on 1300 78 99 78.
- Follow the menu option to be put through to an intake counsellor for the Bushfire EAR.
- The intake counsellor will record your details and listen to your requirements and explain Bushfire EAR.
- A Call Back counsellor will contact you within 72 hours.

Talk it over
Mens
Line
AUSTRALIA